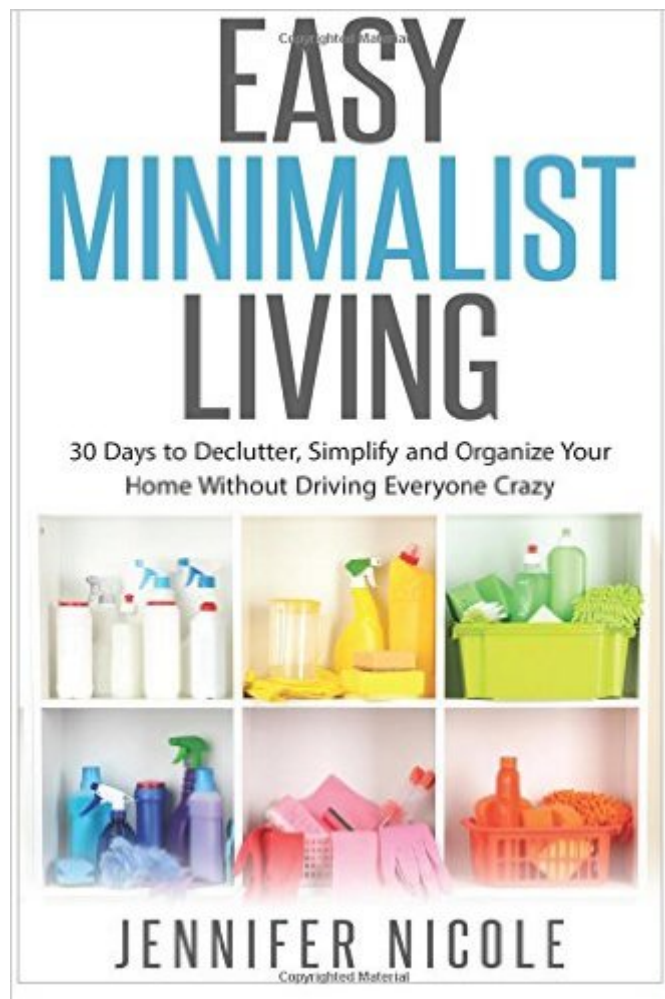


The book was found

Easy Minimalist Living: 30 Days To Declutter, Simplify And Organize Your Home Without Driving Everyone Crazy



Synopsis

A Proven Step by Step Guide to Declutter Your Home in 30 Days Learn how to organize your life. One small step at a time. Stop feeling overwhelmed. This working mother thought she had it all - a full career, a full closet and a big family. But for some reason she always felt stressed. She didn't own her stuff anymore. It owned her! She realized that trying to change everything at once was a monster task! Organize your house one room at a time By breaking down your house into rooms, you start to focus on daily manageable tasks so that you never feel overwhelmed again. Trying to organize everything is a daunting project, but breaking it down into manageable tasks takes away the stress and allows you to have daily victories! Clutter free in 30 days With our easy step-by-step calendar and organization journal to follow, you never have to worry about getting lost in the clutter. Your home will start to transform one section at a time. You can easily stay on track and get excited about your house again. Turn your house back into a home Remember how you felt the first time you walked into your house? That sense of excitement and wonder? Well, it's time to take that back and turn your house into a place that makes you feel warm and safe. Your home will be the place where you feel secure and comforted again. The ancient Japanese art of organization Having spent extensive time traveling the world, there is no country more organized than Japan. Take the ancient art of flower arranging and apply it to your home so that your home is not only clutter free, it is also beautiful in its simplicity. Just follow this simple guide and watch your problems disappear Once you start organizing your house you will discover a new inner strength. Your confidence will go through the roof and you will want to invite guests over again You will find that you have more free time to spend on your hobbies and passions. It's actually easier to maintain a well organized house! Easy Minimalist Living is the easiest way to quickly remove the clutter and disorganization from your life and home forever.

Book Information

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Customer Reviews

At last, a practical plan to get rid of excess junk. I've been meaning to do this for years and now here is the way to do this. What I love about Jennifer's book is it is VERY practical, full of specific suggestions. For instance, what clothes to keep and what to discard. I have tons of clothes that I haven't worn and haven't given away, and these are cluttering up my closet and my bedroom. There is an outstanding 30 day plan to get rid of garbage and clutter. There is a specific suggestion for every phase of life including travel and even making checklists that are helpful. I'm adopting this plan and just working it. One thing, this book doesn't have a lot of clutter itself. It is crammed with actions you can take and there is no filler so I guess that's appropriate considering the subject matter.

I bought this because I travel a lot and live out of a suit case. I'm awful at choosing what I need to take and seem to always carry too much... even though I never use most of what I pack. This has awesome advice for figuring out what you need in your life, and what you don't. I got rid of literally HALF of my possessions. I realized I didn't need them at all. Now I'm so much less stressed... and my bag is a lot lighter too!

As a committed minimalist, I'd like to think I know all about minimalism and simple living. Not true! I, too, learned a lot from this easy-to-read book that's full of practical advice. I agree with the author, minimalism is a lifestyle that replaces the mindless "stuff" of life with more time, space, relationships and, more importantly, experiences. I also agree that what works for someone else may not work for you, and vice-versa. Jennifer Nicole goes through each of the typical spaces in one's home, the unique challenges each of them presents, and offers sensible "here's how you go about it" advice. My home is already stripped down to the absolute essentials, and I am proud of it. However, my one blind spot has been my computer electronic clutter, especially my email inbox. Now the author has provided me with all the inspiration I need to tackle this one.

The letter was so cute. I agree we all have so much stuff and much as we want to dispose them, the sentimental value we're holding to. The Letter to your Staff isn't just to entertain readers but it's a motivating part to finally decide to de-clutter. I just love the philo. Minimalism indeed has

been beneficial-more space, less stress and more. It's really in the mindset. I appreciate houses with simple decorations, less things around. This book will help me to fully give in and go with a simpler home. It feels light.

Easy Minimalist Living gave me some new inspiration to further simplify my life and make room for other things. I'm a big believer in keeping my life uncluttered and free of excess stuff and over the past year I got a little snowed under. This month is going to be my month of getting it all sorted... I've already started and it feels so good. So glad I found this.

This book has inspired me to start de-cluttering again. It's so easy to just keep on accumulating stuff that I never use or need. This book has lots of suggestions for getting rid of extra stuff, along with the philosophy behind why we accumulate.

We want sound mind in a sound body. When our house is cluttered, our mind is cluttered. If you declutter your house, you can declutter your life. Home is a place where people get relaxed after tiresome days. So, we should organize our home properly. This book is here to be with you every step of the way. You will learn to turn your clutter free home into a clutter free lifestyle. Highly recommended.

I so totally get the whole thing about having a conversation with yourself about your stuff. I've been doing that for the last year and a half since my mom died and "my" stuff dramatically increased. There's a lot of excellent suggestions in this book that will help anyone who is dealing with clutter, stuff, and/or a bloated lifestyle. The 30 day plan at the end is a nice touch and something easy to do, too.

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